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DEV SANSKRITI
VISHWAVIDYALAYA



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ALTERNATIVE TREATMENT FOR COVID-19
By IIT Delhi & Dev Sanskriti Vishwavidyalaya

The change is INEVITABLE

Change is the rule of law. Whatever we see around ourselves it is the outcome of the change. Society is the witness of it. Our traditions, customs, all are witnessing the change and the truth is that we encompass this diversity.

We very often hear in news that a country like Russia is attacking Ukraine Capital ! Alas what is we are witnessing, we have

mobiles and all sources of communication to view it to hear about it. On one side one country is facing the dark side of it and on other side the other countries are motivating them to stop it and go for peace as it is the ultimate solution. Thus what society is witnessing from time is change and this change is adapted by them. We live in the society where there is a variety of caste,

creed, religion, colour, festivals, but still we live together as somehow there is a social control which binds the people to do so.

There are so many happenings around us so many situations by which a person has to deal with. Do you remember the time of Covid Pandemic, the situation we reminds of take us to sadness, fear, pain, anxiety but we have overcome it now. But the reality is some things will not be the same as before. But we all have accepted the change. The Lockdown situations created history as mankind was inside their houses for so many days. But things changed and people have started their normal routine.

Mankind has learned that we have to be ready for any situation in future. Not only this in the field of technology too such is the pace of change that companies like Apple & Google often release products and softwares from which customers are just a click away.

Whatever the situations are person should be ready to encompass change. Swami Vivekanand said Society is an organism which obeys the immutable law of progress; and change, judicious and cautious change, is necessary for the well being, and indeed the preservation of the social system.

Thus people have to think that one has to be ready to encompass the change.



The arrival of the Secretary-General of the Commonwealth of Nations,

Ms. Borenesh Patricia

on the university campus

The Secretary-General of the Commonwealth of Nations, Ms. Borenesh Patricia, arrived on the university campus. On the occasion of the Shantikunj Golden Jubilee Lecture Series, Ms. Patricia, a famous politician from England, asked students not to miss the opportunity given by DSVV in the field of education. She said that the world needs to work together for environmental protection and hunger to save humanity. Ms. Patricia applauded the work being done for environmental protection and humanity under the leadership of All World GayatriPariwar called it a source of inspiration for the entire Commonwealth of Nations as well as for the whole world.

Dr. Chinmay Pandya, Pro Vice Chancellor of DSVV, while

explaining the program outline, threw light on the creative activities of the University & the concepts and plans of GayatriTeerthShantikunj established by great freedom fighter YugrishiPujya Pt. Shriram Sharma Acharya Ji. Vice Chancellor Shri Sharad Pardhi expressed his gratitude to all.

After this, the Vice-Chancellor and the Pro-Vice Chancellor honored the Chief Guest British Diplomat Ms. Patricia by presenting Gayatri Mantra's written sheet, Gangajali, Literature and memento.

Chief Guest Ms. Patricia also visited the only Baltic Center in Asia established at DSVV and expressed her joy over the various activities being carried out by the Center in the expansion of Indian culture. She also inspected a self-employment



workshop and Gaushala which support self-employment. After paying a visit to pray for PragyanshwarMahadev and praying for world peace, General Secretary Ms. Patricia planted saplings on the temple premises. During her whole visit, many workers of DSVV and Shantikunj's family, and all the Heads of Departments were present.

Afterward, Ms. Patricia reached Gayatri Shrine Shantikunj where she offered floral tributes at the holy samadhi of Yugrishidvay and prayed for the development of all humanity. She also visited various departments of Shantikunj.



Celebration of **WORLD TOURISM DAY**

Various positive initiatives in the form of several engaging competitions by the Department of Tourism Management was organized in the university on the occasion of World Tourism Day. The face of the event was built in accordance with the dignity of the university and its mission. Promotion of qualities like discipline, time management, program management, management skills, affinity, cooperation, and respect is the Main result of the day Along with the Dev Sanskriti Vishwavidyalaya competition series and World Tourism Day, a total of 10 types of competitions were organized under Online Dev Sanskriti Awards. In which painting competition, rangoli self-written poetry writing competition, web designing competition, and essay writing competition was also collected.

On the last day of the program, the respected Pro-Vice Chancellor sir came as the chief guest. In his address, the Respected Pro-Vice Chancellor, made the students aware of how to improve

the tourist places in India in the presence of all the staff members and the H. O. D.



International Conference on Mental Health Care through **SPIRITUALITY, AYURVEDA &** **ALTERNATIVE THERAPIES**

The International Conference on Mental Health Care through Spirituality, Ayurveda, and Alternative therapies was inaugurated by Hon. Pro Vice-Chancellor Dr. Chinmay Pandya Sir. The main theme of this multi-dimensional workshop was to understand Indian Science, Medicine, and Spiritual discipline and use them to deal with problems of human lifestyles. The program was organized by the Department of Scientific Spirituality. On this occasion, Honorable Pro-Vice Chancellor sir mentioned how the problems are related to our

mind, like dissatisfaction, jealousy, and anger issues. Individuals can deal with all these issues themselves. Indian culture understands what the human conscience needs and has some wonderful scientific approaches which result in giving positive emotions from within. It also strengthens a human mentally and physically. Around 100 people from 19 states all over India participated and presented their research papers. An interdisciplinary international Journal and e-proceedings whose main theme was Spirituality, Ayurveda, & Alternative

therapies in dealing with mental wellness were also inaugurated by Honorable Pro-Vice Chancellor Sir.

At the closing ceremony of the conference, Honorable Vice Chancellor Sharad Pardhy sir addressed all the participants and research scholars. He also suggested books by Pt. Shriram Sharma Acharya Ji which helps out in dealing with Mental Wellness and adapting them in real life. This conference was presided over by the honorable Pro Vice-Chancellor Dr. Chinmay Pandya Sir and coordinated by Dr. Piyush Trivedi Sir.





A vibrant collage of Indian cultural symbols. At the top center is the Ashoka Lion Capital. To its left is the Taj Mahal and a Gopuram. To its right is a large Om symbol. Below these are a lotus flower, a peacock, and a Ganesha head. At the bottom are a woman's face, a musical instrument, and a small Gopuram. The background is a mix of orange, yellow, and green.

NCF



Ministry of Culture
Government of India

section 80G(2) of the Income Tax Act of 1961. NCF facilitates all necessary clearances and permissions for the project.

Secretary: A team of 19 members representing various sectors including the corporate sector, and private. Foundations and non-profit voluntary organizations. The purpose of this structure is to increase the non-representation of the government in the decision-making process.

An **MOU** was signed with the **UNIVERSITY OF WATERLOO**

During his stay in Canada, Respected Dr. Chinmay Pandya Ji, Pro-Vice Chancellor of Dev Sanskriti Vishwavidyalaya Shantikunj Haridwar, reached Waterloo, Canada, and signed an MoU with the University of Waterloo. He also inaugurated the University's Center for Spirituality and Wisdom Practices. He gave a speech to the teachers at Renison University College. University of Waterloo President Wendy Fletcher was also present at the event.



DEEP YAGYA in IRELAND

By Dr. Chinmay Pandya Ji, (Pro VC, DSVV)

On his stay in Ireland, Respected Dr. Chinmay Pandya Ji, Pro-Vice Chancellor of Dev Sanskriti Vishwavidyalaya, Shantikunj, Haridwar, reached Dublin, where a grand Deep Mahayagya was completed, in which the Indian High Commissioner, Honorable Doctor Akhilesh Mishra Ji along with the activist brothers and sisters took part in the family and by the Gayatri Parivar, for the public. He chiefly appreciated the work being done. Following are some glimpses.



Deep Yagya in **CANADA**

During his stay in Canada, Respected Dr. Chinmay Pandya Ji; Pro Vice Chancellor of Dev Sanskriti Vishwavidyalaya, Shantikunj, Haridwar, reached the cities of Kitchener and Milton, Canada, and there he addressed the members of All World Gayatri Pariwar by performing a Deep Yagya in the community center. Here are some glimpses.



Respected Dr. Chinmay Pandya Ji's visit to the University of **ARTS & DESIGN in CLUJ, ROMANIA**

Respected Dr. Chinmay Pandya Ji, pro-vice chancellor of Dev Sanskriti Vishwavidyalaya Shantikunj, Haridwar visited Romania, Europe. It was there that he met the head of the India Center at Baba Boise University, Cluj. A new MoU with Dev Sanskriti Vishwavidyalaya was also discussed when he paid a visit to the University of Arts and Design in Cluj, Romania, and interacted with the rector.



Celebration of the 76TH INDEPENDENCE DAY



The University and Shantikunj family celebrated the 76th Independence Day as **Sankalp Diwas**. All World Gayatri Parivar Head and University Chancellor, Revered Dr. Pranav Pandya, and revered Shail Didi hoisted the national flag, followed by the rally. The rally covered the whole beautiful campus of Dev Sanskriti Vishwavidyalaya.

Students, teachers, and Parijans of AWGP were walking with full enthusiasm and waving the tricolor with the slogans of Vande Mataram. On this occasion, the revered Chancellor, Dr. Pranav Pandya, said that celebrate freedom with full enthusiasm and pray to God for the safety of our soldiers, as the soldiers are constantly sacrificing for the country. On this occasion,

the Vice Chancellor of the University, Sharad Pardhi, Pro Vice-Chancellor Dr. Chinmay Pandya Ji, Mr. Mahendra Sharma, along with heads of all departments, teachers, and students were present.

We are celebrating the 75th anniversary of independence, so it is crucial to work on the public awareness campaigns for **Amrit Mahotsav** - quoted the Vice Chancellor. At present, the entire nation is colored in the color of patriotism. For the cause, a public awareness campaign is being managed and proceeded in Dev Sanskriti Vishwavidyalaya regarding '**Har Ghar Tiranga**'. Vice-Chancellor respected Sharad Pardhi and addressed the students regarding the '**Amrit Mahotsav of**

Independence' on the campus. He said that the country got freedom, but can we all clean our thoughts, and develop humanity, deeds, and not destruct nature in the country's interest?

At the same time, while talking about the struggles going on at the time of independence, he said that India got independence from British rule on 15 August 1947, many heroes had sacrificed their lives for the country's independence, and there was much more price to pay for the independence. That's why every year Independence Day is celebrated with proud feelings.

75th Independence Day is being celebrated this year, with every house waving the tricolor. Every citizen is also proud of the '**Azadi Ka Amrit Mahotsav**'.



Celebration of the **JANMASHTAMI**

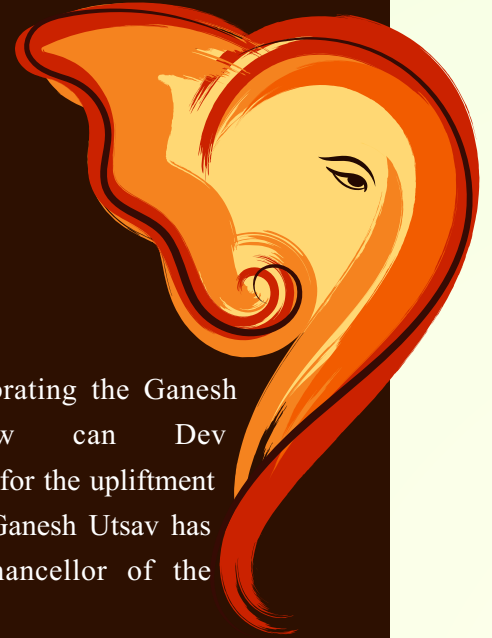
On Friday, August 19, Shri Krishna Janmashtami was enthusiastically observed on the university campus. BhajanKirtan was held throughout the university on this Janmashtami, wherein students voluntarily volunteered and helped to make the event a huge success.

Hinduism celebrates Krishna Janmashtami as a significant festival. On the Ashtami date of the Krishna Paksha of the Bhado month, Shri Krishna, the eighth manifestation of Lord Vishnu, was born to save the populace from Kansa's oppression.

In contrast, the Vice Chancellor and ShafaliJiji arrived in SiddheshwarMahakal's courtyard during this divine event. He went to SiddheshwarMahakal's courtyard and offered worship to Lord Krishna. Following that, the program continued. This program ran until noon. Following this, everyone received some Prasad, and everyone was pleased with the event.

GANESH UTSAV

is celebrated
with pomp in
Dev Sanskriti
Vishwavidyalaya



While the whole country is celebrating the Ganesh festival with pomp, how can Dev SanskritiVishwavidyalaya, working for the upliftment of Indian culture, be left behind? Ganesh Utsav has been named Utkarsh by the Chancellor of the University, Dr. Pranav Pandey.

On 31.08.2012, once again after the Corona period, the festival of Ganesh Chaturthi was celebrated with great enthusiasm in Dev Sanskriti Vishwavidyalaya. In the evening, a program of Ganesha murti establishing day was organized in the prayer auditorium, in which the program of Pragya Geet was played before the worship of Ganpat. Before presenting the musical hymn, instructions were given, which made it easy to infuse the feelings of the songs along with the inspiration and communication among the students, and teachers present there. All the students experienced bliss and devotion. After the hymn program, the event of worshipping Ganpati began by the Vice Chancellor of the university, Dr. Chinmay Pandey. On this occasion, he talked about the personality of Lord Ganesha and also narrated some mythological stories related to him, narrating which he urged the students to inculcate the qualities of Ganesha in their personality, as well as explained the importance of Ganesh Chaturthi and told some incidents related to them. At the end of the year, it was said that we all must know the meaning behind celebrating every festival so that positive energy is communicated to us by connecting with the divine spirit. After this, the sequence of aarti was completed and each idol was duly installed in different hostels. Vinayaka welcomed with enthusiasm, celebration, and enthusiasm.



The 14TH GYANDEEKSHA CEREMONY of Dev Sanskriti Vishwavidyalaya

The newly admitted students took their first steps towards the service of society and nation in the fortieth orientation ceremony of Dev Sanskriti Vishwavidyalaya Shantikunj, tied in the Vedic sutras. Hundreds of new students from 20 Indian states, as well as students from South Korea, the United Kingdom, Belgium, and Japan, were welcomed to DSVV's more than forty different courses.

Chief Minister Pushkar Singh Dhama, the function's chief guest, stated, "It is my good fortune that I have the opportunity to visit this Param Dham on this occasion." The Chief Minister stated that "all of you have been summoned here for a specific purpose." In a speech to students, the Chief Minister stated that we must all pledge that the impact of the Ganges of knowledge will not be diminished and that we will all contribute to the creation of a new India. He stated that in the next 25 years, we will all have the opportunity to write Amrit Kaal in gold letters. In remembering Gayatri Pariwar founder Acharya Shri Ram Sharma, the Chief Minister stated that there are very few people in the world who have changed the lives of crores of people with their thoughts. Acharya Shri Ram Sharma Ji also did a great deal to raise public awareness in society. He stated that today, under Prime Minister Shri Narendra Modi's leadership, the entire world is looking toward India. Yoga Day, which takes place every year on June 21st, is an example of this kind.





Grand inauguration of **DEV SANSKRITI CAREER GUIDANCE CENTER**

at Dev Sanskriti Vishwavidyalaya with the aim of providing career-related guidance to youth

On 20 August 2022, with the aim of providing career guidance to the youth, a grand inauguration of the 'Dev Sanskriti Career Center' was done at Dev Sanskriti Vishwavidyalaya. This program was completed in the dignified presence of the Vice-Chancellor of the University, Dr. Chinmay Pandya Ji, and the District Magistrate of the city, Mr. Vinay Shankar Pandey. They participated in the program as chief guests.

Dev Sanskriti Career Center will also be supported by career analysis software developed by Pro-Teen Pvt Ltd. Paridhi Khaitan,

Managing Director of Pro-Teen Private Ltd. present in the program, apprised all the students about the use and importance of this software and also gave a brief demonstration of career guidance software.

Dev Sanskriti Career Guidance Center will not only provide career-related guidance to the students of Dev Sanskriti Vishwavidyalaya but youths of Haridwar and nearby areas will also be benefitted from it.



Alternative treatment for **COVID-19**



By IIT Delhi and Dev Sanskriti Vishwavidyalaya

The Covid-19 pandemic has highlighted the fragility of human life. It is now important to explore the available possibilities in medicinal areas. Keeping that in consideration, a team of researchers from Dev Sanskriti Vishwavidyalaya and IIT Delhi worked together and reported that yoga and Ayurveda can be effective in treating high-risk cases of COVID-19.

Patients received Ayurvedic medications through tele-medicine and participated in an individual therapeutic yoga program using video conferencing in addition to standard care treatment as per recommendations. Due to one or more co-morbidities like diabetes mellitus, hypertension, chronic kidney disease, coronary artery disease (known to have serious consequences in cases of COVID-

19), age over 60, and/or one or more co-morbidities like coronary artery disease, almost all patients are categorized as high risk. According to classical textbooks, the treatment provided to patients was personalized and took into consideration each patient's medical background and current symptoms, making it more successful than a set standardized treatment plan.



Students of DSVV got a golden opportunity in the **12TH BHARATIYA CHHATRA SANSAD**

Students of Dev Sanskriti Vishwavidyalaya got an opportunity to showcase their talent in the 12th Bharatiya Chhatra Sansad. Alokmani Sharma, Sanjana Kavidayal, and Hemnandan Sharma were selected by passing through various rounds. Hemnandan and Sanjana had the opportunity as student speakers to present their views on stage. Alokmani was a student speaker during the 11th Bharatiya Chhatra Sansad. On this special occasion Hon. Pro-Vice Chancellor sir congratulated and blessed them for this achievement. This huge event was organized at the national level at MIT WPU Pune, Maharashtra. More than 10k students from 420 different colleges and universities all over India participated in the event.



THE ENTREPRENEURSHIP AWARD CEREMONY was organized under **SWAVALAMBI BHARAT ABHIYAN**

Under the Swavalambi Bharat Abhiyan, the program of the Entrepreneurship Award ceremony was organized in the Shri Ram Bhawan Auditorium of Dev Sanskriti Vishwavidyalaya. Experienced professors of the Faculty of Rural Management and Sustainable Development, who have done remarkable work in the field of self-reliance, rural development, and entrepreneurship, such senior professors were also awarded Entrepreneur Protsahan Samman. In the presence of Shri Satish Ji (All India co-organization Swadeshi Jagran Manch), Dr. Rajiv (Region Convenor Uttar Pradesh and Uttarakhand Swadeshi Jagran Manch), and Shri Rajkumar Ji (India Campaign Committee, Haridwar) and other dignitaries, the Pro-Vice Chancellor of Dev Sanskriti Vishwavidyalaya Respected Dr. Chinmay Pandya Ji presided over the program.

Shri Satish Kumar Ji inspired the youth to work in the field of self-entrepreneurship and respected Dr. Chinmay Pandya Ji guided the youth with reference to the practical and spiritual concept of global opportunity, self-reliance, and the correct definition of success.



Organization of the event

BHARATMENGAM BHARATI

Sri Krishna Sweets Bharatmengam Bharati, Sri Krishna Sweets conceptualised by Sri Murali, Chennai, a pan-India program for national integration, was organized at Dev Sanskriti Vishwavidyalaya in association with All World Gayatri Pariwar.

This mega project has been organized in memory of the 100th anniversary of Mahakavi Subramanya Bharati. The program started auspiciously with the performance of Gayatri Yagya for the welfare of humanity and a special speech on 'Bharti and Divya Prakash' by Mrs. KV Subha Advocate and Harikatha artist from Chennai. She presented the essence of the Gayatri Mantra from the works of Bharati.

Respected Pro-Vice Chancellor of Dev Sanskriti Vishwavidyalaya Dr. Chinmay Pandya Ji spoke on the greatness of India and appreciated Mr. Murali of Krishna Sweets for his good work of spreading his message.

Hon'ble Justice S. Rajeswaran Lal Judge Madras High Court, Smt. Menaka IAS, Kalaimamani Shri Murali CMD, and Shri Krishna Sweets shared their wishes online to be the guest of honor of the program.

Shri Satheesh Ramakrishnan Member of YACD delivered the inaugural address. The program was well attended by the audience who were Gayatri seekers, researchers on inner consciousness, and university students.

The project was conducted in association with Bharatiya Vidya Bhavan, Chennai Centre, Tamil Matrimony, and YACD Trust, Gopalapuram. The event was remarkably successful as it touched the spirit of the audience through Bharti's message.



PRERNA

Dr Carina Bidese

Could you tell our readers about your life journey?

I was born in Brazil in a small town called Caxias do Sul. From a very young age, my curiosity and search for deeper life questions brought me on a self-discovery path. I love diversity and learning from different perspectives; therefore, I studied International Relations, followed by a bachelor's in Public Relations. In 2010, Yoga was introduced to me, changing my whole life. Since then, I didn't have any doubt that it was my soul path. As a life adventurer, I've lived abroad three times. In 2017, I moved to London, where I did an M.Sc. in Applied Positive Psychology and Coaching Psychology. I am a life coach and yoga teacher, also the proprietor of Zenw2 Collective.

How did you discover the path of Yoga? What does your daily yoga practice look like? Yoga came into my life in 2010 after suffering from anxiety, panic attacks and OCD. Initially, I started practicing Yoga for the physical and psychological benefits. After three months, I was fascinated by how my perspective and mood started changing after each class, and my curiosity drew me to sign up for a yoga teacher course.



Little did I know that I was craving proper spiritual knowledge and connection. For me, Yoga is a way of being; it's our most intimate connection with ourselves and the world and is embedded in everything I do. My daily practice varies; however, mantras and silence are essential.

How was your stay in the Dev Sanskriti Vishwavidyalaya? Could you share any memorable experiences? My stay in the Dev Sanskriti Vishwavidyalaya was a milestone in my life. I met myself most profoundly and beautifully. From

beginning to end, I felt at home and looked after by my spiritual family. The peaceful and respectful environment is the true heaven for any spiritual seeker. During my stay there, I found the power of silence, concentration, presence, emotions, acceptance and surrender. I can't forget the Yagya practices I went to every morning. Even nowadays, in meditation, I project myself chanting around the fire pits and connecting to the Gayatri family.

What were the most difficult moments of your life, and how did

the challenging moments of my life, I realised that they were named as such due to my emotional bondage or when I was dealing with losses. Regardless of whether it was in a physical, mental or social aspect, I now see that they had a purpose of being. Life has its way of calling us to our dharma; sometimes, it isn't in a gentle manner. I'd say that acceptance and surrender are good starting points. Also, devotion and trust in the life process; discipline to strengthen mindset; taking ownership and responsibility for actions; having great teachers/community who can support the journey; developing a grateful attitude; finding ways to express, and cultivating presence.

Dev Sanskriti Vishwavidyalaya has high expectations from its people and the organisation in general, towards spreading humanity. Do you believe our efforts are in the right direction? Doubtless! Dev Sanskriti

Vishwavidyalaya is a serious and trustful place, an oasis for any spiritual seeker. The environment held into selfless, warm-hearted, compassionate, and kind is a consequence of the organisation's efforts over the last years. Sriram Sharma Acharya's teachings are full of wisdom and are required to uplift humanity as a whole. I am most grateful for being part of Dev Sanskriti Vishwavidyalaya.

Based on your rich experience, could you please share your views on the opportunities that you think we might have missed or may explore in the future, which can potentially expand the scope of spiritual reforms significantly locally and globally? Dev Sanskriti Vishwavidyalaya is a great model for a harmonious and prosperous society. I am always impressed by its expansion and innovation. You are doing great work! The only

addition I could share is that South America is waiting for you.

Would you like to share some of the most significant learnings of your life so far? I am a great devotee of the life force, and I believe that everything is unfolding exactly as it should for our good. The more we know about ourselves and life, the more we can strive for happiness and fulfilment. One of the greatest gifts that Yoga has taught me is to do with emotional maturation. For many years, most of my struggles came from believing that I was separated from life. The ability to feel my emotions, embrace the present as it is, and come to a place of unconditional love and positive regard has shifted how I relate to myself and, consequently, with the world. The first relationship that we have is with ourselves. That's why it is so important to cultivate compassion and noble values. Look after your emotions and thoughts.

DEV SANSKRITI
VISHWAVIDYALAYA



**There is need for an educational institution which could
mould its students into noble and enlightened human beings:
selfless, warm-hearted, compassionate and kind.**

- Pandit Shriram Sharma Acharya





DEV SANSKRITI VISHWAVIDYALAYA



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